



FEED THE
HUNGER™

ON THE GO

Spring 2026

*Then they returned . . .
strengthening the disciples
and encouraging them to
remain true to the faith.*
Acts 14:21–22



FEED THE
HUNGER™
EDU-PACK

IN THIS ISSUE

MLK National Day of Service

Kingdom Focus in Kentucky

Faith Strengthened, Courage Renewed

Reaching the Most Vulnerable

Together, We're Touching New Places

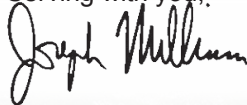
A WORD from the CEO

Dear Ministry Partner,

You are blessing people in the name of Christ when hope in the present is hard to come by. Persecuted believers in Bangladesh and vulnerable families in southeastern Kentucky need the hope that only comes from Christ. Two mission trips earlier this year gave us the chance to reach out on your behalf to these areas with practical resources for spiritual and physical growth.

One of my father's favorite life mottoes was "Redeem the time!" (and there was always an exclamation point). He based it on the Apostle Paul's words in Ephesians 5:16 that our lives should be marked by "making the most of every opportunity, because the days are evil." This is the impact you are having through Feed the Hunger in Bangladesh, Kentucky, and dozens of other locations around the world. Be encouraged as you read this newsletter.

Serving with you,



Joseph Williams, CEO





MLK NATIONAL DAY OF SERVICE



Martin Luther King Jr. Day is the only federal holiday designated as a National Day of Service, encouraging volunteer projects, acts of kindness, and community betterment. Feed the Hunger is thrilled to live out that very mission by uniting hearts and hands to pack meals for children living in desperate situations around the world.

Feed the Hunger turned inspiration into action with several Packathons across the country. At seven events in three states, nearly 1,400 volunteers came together to pack 186,000 nutritious meals for children and families in need, putting Dr. King's vision of service and community into motion. Each box packed represented hope, nourishment, and a practical step toward addressing childhood hunger around the world. Your support makes events like this possible. **Thank you for helping transform a day of remembrance into a day of real, life-changing impact.**



Kingdom Focus in **KENTUCKY**

Last year, hundreds of thousands of Feed the Hunger meals were distributed across the United States, reaching vulnerable families who need both nourishment and hope. One powerful example is found in Harlan County, Kentucky, where our team had the privilege of witnessing this work firsthand alongside incredible ministry partners like Christ's Hands and Meridzo Ministries.

Through community Packathon events that rallied volunteers of all ages, more than 27,000 meals were packed for families facing food insecurity. But the work of our partners doesn't stop there. They serve their neighbors in countless ways, operating food pantries, leading youth outreach programs, and providing shelter during the harsh winter months. Together, they are not only meeting practical needs but also strengthening a community with compassion, dignity, and the reminder that no one has been forgotten.

Along with our partners, the team had the privilege of facilitating two powerful Packathon events that brought the community together in remarkable ways. The morning session featured an energetic and friendly competition between students from the local city and county high schools. Each team was eager to make the greatest impact by packing the most meals for families in need. Their enthusiasm and teamwork were a strong reminder that the next generation is ready to step up and serve.

Later that evening, the momentum continued as people from across the community gathered with the same shared purpose of making a difference. Families, church members, and volunteers of all ages rolled up their sleeves to pack meals side by side. By the end of the day, a combined 27,120 meals had been packed at the headquarters of Christ's Hands. These meals will help nourish local children and families while reminding them that their community and donors like you care deeply about their well-being.



Feed the Hunger staff also spent time serving alongside our partners at Meridzo Ministries, assisting both in their food pantry and at Shekinah Village, a beautiful 35-acre Christian youth camp and retreat center that serves as a hub for outreach and discipleship in the region.

Meridzo is based in the small Appalachian town of Lynch, Kentucky, where more than 35 percent of residents live below the poverty line. Despite the challenges, hope is taking root through the dedication of 10 volunteer missionary couples who together lead 14 different ministries serving families, children, and individuals throughout the area.

We sat down with several of these couples to hear how lives are being touched every day. One powerful testimony came from Melissa Kapfhammer, director of Lamp House Coffee Shop, who shared how the presence of Feed the Hunger meals in and around Lynch is making a meaningful difference, providing nourishment, strengthening relationships, and offering renewed hope to families who need it most.



A close-up photograph of a person's hands holding an open Bible. The person is wearing a dark garment. The background is blurred, showing other people in a church setting. The text is overlaid on the bottom half of the image.

Faith Strengthened

COURAGE RENEWED

Located between India and Myanmar, Bangladesh is one of the most densely populated countries in the world and the third-largest Muslim-majority country. It's a region where faith in Christ often comes at great personal cost, and the Holy Bible carries a meaning far deeper than words printed on a page. For secret believers, it becomes a source of hope and assurance that another life awaits them.

The impact of the Bibles you've provided is incredibly encouraging. Believers are engaging regularly with God's Word and finding strength and guidance in Scripture. Many share that the Bible helps them persevere in faith, make wise decisions, and respond to challenges and persecution with love and patience.

In January, Feed the Hunger visited our ministry partner, "S," and his team in Bangladesh to encourage believers and learn more about the work happening in these desperate communities. We spent time in areas where your support is providing both physical and spiritual nourishment and is strengthening the longstanding partnership between our ministries.

We cherished the opportunity to support and uplift Christians living out their faith in dangerous circumstances by providing foundational discipleship training for new believers from Muslim backgrounds. Thirty-five brothers and sisters in Christ traveled great distances to gather in secret for a special conference led by Feed the Hunger. They read and studied Scripture together and helped apply it to their lives in practical ways.



Two participants at this special gathering shared their stories with our team.

“I,” a young woman, suffered abuse at the hands of her own family because of her conversion to Christianity. Refusing to abandon her new faith, she was eventually expelled from the family, cut off from all material support, and left struggling to survive alone with her son. Despite rejection and hardship, her faith has never wavered. She continues to move forward boldly as an ambassador for Christ, helping to establish more than 600 secret home churches where small groups gather to worship, grow in faith, and discover the one true God.

Our hearts were deeply touched as a young man, “J,” shared how he first encountered Jesus through the kindness of a Christian family. He recalled that, as a boy, his best friend was a little girl who consistently showed him love and compassion. Her family lived out that same Christlike love and carried a joy he had never experienced before. Whenever he visited their home, they shared stories of Jesus and his love, and she gave him a Bible, opening the door for him to know the Lord personally.

When J’s father discovered him reading the Bible, he forced him to leave their home and never welcomed him back. Though the pain still lingers, J says the Bible remains his most precious gift, and he is committed to sharing the gift of a relationship with Christ with others.

When fellowship is limited, Scripture becomes even more of a faithful companion. For many of these believers, the road ahead is unclear. Yet God’s Word serves as a steady guide, reminding them that they are not alone and that God’s truth continues to lead them forward. Thank you for your prayers and support for these servants of Christ who put their lives at risk to share the good news.



REACHING THE MOST *VULNERABLE*

Children growing up in the Sylhet tea gardens of Bangladesh live in extreme poverty. The few who have access to school often drop out to follow their parents into low-wage work on the tea plantations, essentially as slaves to the field owners. As a result, many children here struggle with malnutrition. But there is good news! Your support is now reaching them with practical help and the hope of a brighter future.

Our visit to the school was a joyful celebration for the children, their families, and our team. We watched as the teacher instructed them, and their faces lit up as they were each given an Edu-Pack with pencils and sharpener, notecards, erasers, chalk, and their favorite item—a spoon! We then had the privilege of preparing and serving the first Feed the Hunger meals they have ever received. Meals that YOU packed and provided.



“Seeing those precious smiling faces as they received Edu-Packs with simple items to help them learn and watching them eat a meal that I know is providing them with needed nutrition made my heart full. Every child deserves love, and what a privilege to play with them, love on them, and point them to the One who gave his life for them.”

**—Dawn Broms,
Feed the Hunger Mission Traveler**

One unique way our ministry partner is reaching hearts and transforming lives with the love of Christ is through a garment factory. Hundreds of people from the community, primarily women, now have reliable, safe employment under compassionate leadership. They earn a livable wage while experiencing godly values modeled through integrity, respect, and care in the workplace.



At a special needs school, more than 20 children ranging in age from 2 to 15, along with a handful of teachers, greeted us with smiles and songs. In countries like Bangladesh, children with disabilities are often marginalized or abandoned, but it was immediately apparent that these children are receiving the love and attention they deserve. Our ministry partner provides them with nutritious Feed the Hunger meals, and his team shares the gospel.

The orphan home and the safe house we visited are filled with young girls on a new path forward in their lives. Your support helps provide a secure, nurturing environment where children receive an education, develop trade skills such as sewing, and are grounded in biblical teaching. In both settings, these children have been rescued from traumatic circumstances and are being given the opportunity for healing, growth, and a transformed mind and future.



The Bangladesh brothel is a site of immense pain and anguish, where thousands of women and children are trapped in cycles of sex trafficking, debt bondage, and severe physical and psychological abuse. We witnessed generational enslavement and heard the tearful stories of women who begged for our prayers. The older women who are no longer able to work are grateful that Feed the Hunger meals provide nourishment when there is no other way to find food. You are shining a light into a dark place where the comfort of the Lord is the only peace to be found.



Over the past few years, our partner has built trusted relationships that have opened doors to help children move toward safer, healthier futures. Most recently, because of the consistency in his care for women and children in a particularly dangerous area, his team has been given permission to construct a school on the outlying property. Children who once waited outside a room while their mothers worked, often exposed to violent and abusive circumstances, will now have a safe shelter that provides protection, stability, and care.



In these and many other places, relationships built by our ministry partners bring the light of Christ into dark areas. Through meals, prayer, and essential support, communities are strengthened physically, emotionally, and socially, while learning about Jesus and his love.



TOGETHER

We're Touching

NEW PLACES

Feed the Hunger is grateful to have received the green light to send food into Pakistan! We thank God for guiding this growing outreach and for the lives already being changed. As the Word says, the fields “are ripe for harvest” (John 4:35).

One of the places that will be receiving the meals you pack is a Hindu temple in the megacity of Karachi in the southern part of Pakistan. God opened the door for a gospel breakthrough, and two souls gave their lives to Christ. In this Hindu community, hearts were opened to the good news of Jesus Christ, and children are hearing about him for the very first time—while learning to pray to the one true God.

Your partnership in our *Expand the Outreach* initiative has made a way to do more than ever before. Thank you for coming alongside us in this wonderful work. To learn more about our *Expand the Outreach*, please scan the QR code.



Did You Know?

Hygiene Packs and Edu-Packs are another way you can pack and make an **IMPACT!**



Feed the Hunger is committed to caring for the mind, body, and soul of every person we serve. In addition to nutritious meals that fight physical hunger, our Hygiene Packs and Edu-Packs provide practical support that creates lasting impact.

Hygiene Packs help vulnerable children and families maintain basic hygiene and reduce health risks. Each pack includes soap, a washcloth, a toothbrush, and adhesive bandages to promote cleanliness, improve oral health, and reduce school absences.

Edu-Packs help remove barriers to education by giving children essential school supplies. Each pack contains pencils, notecards, and erasers that help students enter the classroom with confidence and dignity.

Both the Hygiene Packathon™ and Edu-Packathon™ follow the same fun, assembly-line-style experience as our food Packathon™, making them easy and engaging volunteer opportunities. At the same cost per bag, these events allow more people to come together to provide hope, encouragement, and practical support to children around the world.

Interested in adding Hygiene Packs or Edu-Packs to your next mission service project?

Email our Packathon team at packathon@feedthehunger.org to learn more!



**FEED THE
HUNGER™**

PO Box 14874
Greensboro, NC 27415
feedthehunger.org | 1.888.772.9634

**MARK YOUR
CALENDARS**

UPCOMING EVENTS

**Packathon for
AMERICA
JULY 2ND**

**6TH ANNUAL
GOLF TO GIVE BACK NC
SEPT 2ND**

**1ST ANNUAL
GOLF TO GIVE BACK TX
SEPT 30TH**

FOLLOW US

